

Guided Walks in Assynt 2010(a short summary)

Full details can be found at www.highland.gov.uk

Cuairtean le Treoraiche Asainte

Date	Title	Time	Location	Grade	Things to see/other information
Tues 4 May	The Secrets of Glen Leireag	11-3pm	Nedd bridge, 3km east of Drumbeg	C	Freshwater mussels, golden eagles
Thurs 6 May	Achmelvich Coastal walk	11-3pm	Achmelvich Beach car park	B/C	Wildflowers and early purple orchids.
Tues 11 May	Clachtoll coastal walk	11-2pm	Clachtoll Beach car park	B	Birds, Iron-age fort, flowers.
Thurs 13 May	The Old Man of Stoer	11-4pm	Meeting at Stoer Lighthouse	C	Birds, Dolphins, Peregrines
Tues 18 May	Achmelvich Coastal walk	11-3pm	Achmelvich Beach car park	B/C	Wildflowers and early purple orchids.
Thurs 20 May	Traligill, Inchnadamph	11-3pm	Inchnadamph car park	C	Wildflowers, limestone scenery, caves.
Tues 25 May	The Bone Caves	11-2pm	Bone caves car park	C	Amazing caves, limestone plants.
Thurs 27 May	Where the meteorite crashed	11-3pm	Clachtoll Beach car park	C	Geology, wildlife, scenery
Tues 1 June	Achmelvich Coastal walk	11-3pm	Achmelvich Beach car park	C	Wildflowers and history.
Thurs 3 June	Quinag	11-5pm	Car park 3km north of Skiag bridge	D	Mountain Azalea, Hares, Ptarmigan.
Tues 8 June	Achmelvich Coastal walk	11-3pm	Achmelvich Beach car park	C	Orchids, butterflies, scenery
Thurs 10 June	Clachtoll coastal walk	11-2pm	Clachtoll Beach car park	B	Iron-age fort, birds flowers.
Tues 15 June	Bat & Moth evening, Lochinver	9-11pm	Meet Assynt Visitor Centre	N/A	Talk and evening walk.
Thurs 17 June	Bone caves to Traligill	11-5pm	Bones Caves car park	D	Amazing caves, Birds
Tues 22 June	Drumbeg peat Road	11-3pm	Drumbeg View Point car park	C	Wildlife and history.
Thurs 24 June	The Bone Caves	11-2pm	Bone caves car park	C	Amazing caves, limestone plants.
Tues 29 June	Loch Glencoul	10-5pm	Meet B869 road end near Newton	D	Eagles, Otters, waterfall
Thurs 1 July	River Inver to Glencanisp	11-3pm	Meet Assynt Visitor Centre	B	Black-throated divers, woodland
Tues 6 July	Where the meteorite crashed	11-3pm	Clachtoll Beach car park	C	Geology, wildlife, scenery
Wed 7 July	The Secrets of Glen Leireag	11-3pm	Nedd bridge, 3km east of Drumbeg	C	Freshwater mussels, golden eagles.
Thurs 8 July	Glas Bheinn	10-5pm	Inchnadamph car park	D	Super views, mountain plants, hares.
Tues 13 July	Rockpools at Achmelvich	3-4pm	Achmelvich beach car park	N/A	Hermit crabs, sea scorpions and more
Wed 14 July	Cul Mor	10-5pm	Small lay by north of Knockan	D	Superb views and rare plants
Thurs 15 July	Clachtoll to Achmelvich & back	11-4pm	Clachtoll Beach car park	C	Not for the faint-hearted.
Tues 20 July	River Kirkaig	11-3pm	Falls of Kirkaig car park	C	Waterfall, dippers, dragonflies
Wed 21 July	The Bone Caves	11-2pm	Bone caves car park	C	Amazing caves, limestone plants.
Thurs 22 July	Clachtoll coastal walk	11-2pm	Clachtoll Beach car park	B	Iron-age fort, birds flowers.
Tues 27 July	Clachtoll Sand Sculpture Contest	11-1pm	Clachtoll Beach car park	N/A	Great prizes and BBQ available
Wed 28 July	Achmelvich Coastal walk	11-3pm	Achmelvich Beach car park	C	Orchids, butterflies, scenery
Thurs 29 July	The Gruffalo's Child	11-1pm	Culag Wood - Woodside car park	A	Back again in the deep dark woods...
Tues 3 Aug	Clachtoll coastal walk	11-2pm	Clachtoll Beach car park	B	Iron-age fort, birds flowers.
Wed 4 Aug	Dragonfly walk	11-2pm	Assynt Visitor Centre	B	Dragonflies and damselflies.
Thurs 5 Aug	Drumbeg peat Road	11-3pm	Drumbeg View Point car park	C	Wildlife and history.
Tues 10 Aug	Rockpools at Clachtoll	2-3pm	Clachtoll Beach car park	N/A	Hermit crabs, sea scorpions and more.
Wed 11 Aug	Whale and Dolphin watch	6-9pm	Meet Stoer Hall	N/A	Talk and watch at Stoer Lighthouse
Thurs 12 Aug	Elphin to Lochinver	9-7pm	Post bus from Lochinver Post Office	D	Long-distance walk, 22km
Tues 17 Aug	Traligill, Inchnadamph	11-3pm	Inchnadamph car park	C	Wildflowers, limestone scenery, caves.
Thurs 19 Aug	Achmelvich Coastal walk	11-3pm	Achmelvich Beach car park	C	Wildflowers and history.
Tues 24 Aug	Bat evening, Lochinver	7.30-9.30pm	Meet Assynt Visitor Centre	N/A	Talk and visit to Pipistrelle roost
Thurs 26 Aug	Otters at Culkein Stoer	11-2pm	Meet at Stoer Hall	B	Talk and walk to learn about Otters
Tues 31 Aug	Clachtoll coastal walk	11-2pm	Clachtoll Beach car park	B	Iron-age fort, birds flowers.
Thurs 2 Sept	Traligill, Inchnadamph	11-3pm	Inchnadamph car park	C	Wildflowers, limestone scenery, caves.
Tues 7 Sept	The Bone Caves	11-2pm	Bone caves car park	C	Amazing caves, limestone plants.
Thurs 9 Sept	Achmelvich Coastal walk	11-3pm	Achmelvich Beach car park	C	Wildflowers and history.
Tues 14 Sept	Drumbeg peat Road	11-3pm	Drumbeg View Point car park	C	Wildlife and history.
Thurs 16 Sept	Fungi at Culag Woods	10.00-13.00	Culag Wood - Woodside car park	A	The marvellous world of fungi.
Tues 21 Sept	River Inver to Glencanisp	11-3pm	Meet Assynt Visitor Centre	B	Clearance Village, woodland
Thurs 23 Sept	Fungi at Culag Woods	10.00-13.00	Culag Wood - Woodside car park	A	The marvellous world of fungi.
Tues 28 Sept	The Secrets of Glen Leireag	11-3pm	Nedd bridge, 3km east of Drumbeg	C	Freshwater mussels, golden eagles
Thurs 30 Sept	Bird ringing at Clachtoll	11-2pm	Clachtoll Beach car park	B	Ringing demonstration and walk

All the walks are led by one of the Rangers. It is important though that you think of your own safety and that of any children for whom you are responsible. Remember too that these are country walks in the Highland weather so please dress accordingly. Bring sturdy shoes, or boots, a picnic and a sense of fun. *The Rangers reserve the right to cancel any of these events.*

The costs for walks over 3 hours are Adult £5/Children £3; under three hours Adults £3/Children £2. Concessions apply.

Walk Grades: A is easiest, D most challenging, including very rough ground and sometimes steep climbs.

Sorry, these walks are not suitable for dogs.

For further information, contact: Highland Council Countryside Rangers, Assynt Visitor Centre, Lochinver IV27 4LX

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