

Countryside Ranger Events 2010

The International Year of Biodiversity



Area – Assynt

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MAY

Tuesday 4th May,
11am-3pm

The secrets of Glen Leireag, Assynt

Explore the lost township and discover the secrets of this magical woodland glen including freshwater pearl mussels, dippers and maybe golden eagles. Meet at Nedd bridge 3km east of Drumbeg.

No need to book. For more details phone 01571 844654

NC148 315

Grade B, Cost £5 Adult/£3 child

Thursday 6th May,
11am-3pm

Achmelvich Coastal walk, Assynt

Delightful walk to the old meal mill at Altanabradhan through croftland and machair bursting with wildflowers. Watch out for dolphins too. Meet Achmelvich beach car park.

No need to book. For more details phone 01571 844654

NC058 248

Grade B/C, Cost £5 Adult/£3 child

Tuesday 11th May,
11am-2pm

Clachtoll Coastal walk, Assynt

Join us on this beautiful coastal walk through a crofting village. We hope to see many coastal birds as well as redshanks, curlews and peewits settling down to their breeding grounds. Meet Clachtoll beach car park.

No need to book. For more details phone 01571 844654

NC040 273

Grade B, Cost £3 Adult/£2 child

Thursday 13th May,
11am-4pm

The Old Man of Stoer, Assynt

Cliff top walk to the point of Stoer. Learn about the seabirds and hopefully watch the great skuas, peregrines and maybe even dolphins. We will get close views of the Old Man of Stoer. Meet Stoer lighthouse,

No need to book. For more details phone 01571 844654

NC005 328
Grade C, Cost £5 Adult/£3 child

Tuesday 18th May,
11-3pm

Achmelvich Coastal walk, Assynt

This is Biodiversity week so join us on this delightful walk through croftland and machair bursting with wildflowers and watch out for dolphins too. Meet Achmelvich beach car park.

No need to book. For more details phone 01571 844654
NC058 248

Grade B/C, Cost £5 Adult/£3 child

Thursday 20th May,
11am-3pm

The Limestone valley of the Traligill, Assynt

This is Biodiversity week so why not join us as we explore the ancient limestone scenery in search of flowers: globe flowers, mountain avens, orchids and many more. Meet at Inchnadamph car park.

No need to book. For more details phone 01571 844654
NC251 216

Grade C, Cost £5 Adult/£3 child

Tuesday 25th May,
11am-2pm

The Bone Caves, Assynt

A fascinating walk to the caves where bones of reindeer, humans and even polar bears were discovered- one of the gems in the North West Highlands Geopark.

Meet Bone Caves car park, 4km south of Inchnadamph.
No need to book. For more details phone 01571 844654
NC254 179

Grade C, Cost £3 Adult/£2 child

Thursday 27th May,
11am-3pm

Where the meteorite crashed in Assynt

Join us as we visit Europe's largest ever meteorite strike. Learn about the ancient landscape it struck over one billion years ago, that makes up part of the North West Highlands Geopark. Amazing views and stunning wildlife.

Meet at Clachtoll Beach car park,
No need to book. For more details phone 01571 844654
NC040 273

Grade B/C, Cost £5 Adult/£3 child

JUNE

Tuesday 1st June,
11am-3pm

Achmelvich Coastal walk, Assynt

Delightful walk to the old meal mill at Altanabradhan through croftland and machair bursting with wildflowers. Watch out for dolphins too. Meet Achmelvich beach car park.

No need to book. For more details phone 01571 844654
NC058 248

Grade B/C, Cost £5 Adult/£3 child

Thursday 3rd June,
10am-5pm

Quinag, Assynt

Explore this fantastic Assynt mountain (808m). Look for Mountain Azalea, Mountain Hares and Ptarmigan. If the weather is not good we will do a shorter low level walk. Meet at the car park 3km north of Skiag Bridge.

No need to book. For more details phone 01571 844654

NC232 740

Grade D, Cost £5 Adult/£3 child

Tuesday 8th June,
11am-3pm

Wildflowers at Achmelvich, Assynt

Stunning coastal walk looking for fragrant orchids, carnivorous plants, adders tongue fern and many more. Meet Achmelvich beach car park.

No need to book. For more details phone 01571 844654

NC058 248

Grade B/C, Cost £5 Adult/£3 child

Thursday 10th June,
11am-2pm

Clachtoll Coastal walk, Assynt

Join us on this beautiful coastal walk through a crofting village past an Iron-age fort. Hear the story of skeletons, ancient saunas and the "murder hole". Meet Clachtoll beach car park.

No need to book. For more details phone 01571 844654

NC040 273

Grade B, Cost £3 Adult/£2 child

Tuesday 15th June,
9pm-11pm

Bats and Moth Evening at Lochinver, Assynt

Slide show at the Visitor Centre followed by a walk to look for bats and visit some moth traps. Meet at the Assynt Visitor centre, Lochinver.

No need to book. For more details phone 01571 844654

NC094 225

Grade A, Cost £3 Adult/£2 child

Thursday 17th June,
11am-5pm

Bone Caves to the Trailigill Basin, Assynt

A fascinating walk linking two cave systems within the limestone area of Inchnadamph. Look out for eagles, golden plover and ring ouzel. Meet at Bone Caves car park, 4km south of Inchnadamph.

No need to book. For more details phone 01571 844654

NC254 179

Grade C, Cost £5 Adult/£3 child

Tuesday 22nd June,
11am-3pm

Drumbeg Peat Road, Assynt

Journey to the interior of Assynt rich in wildlife and history and dangerous stories. Meet at Drumbeg View Point car park.

No need to book. For more details phone 01571 844654

NC120 330

Grade C, Cost £5 Adult/£3 child

Thursday 24th June,
11am-2pm

The Bone Caves, Assynt

A fascinating walk to the caves where bones of reindeer, humans and even polar bears were discovered.

Meet Bone Caves car park, 4km south of Inchnadamph.

No need to book. For more details phone 01571 844654

NC254 179

Grade C, Cost £3 Adult/£2 child

Tuesday 29th June,
10am-5pm

Loch Glencoul, Assynt

Explore the unknown south shore Loch Glencoul: place of otters, golden eagles and magnificent waterfalls.

Meet B869 road end near Newton.

No need to book. For more details phone 01571 844654

NC232 314

Grade D, Cost £5 Adult/£3 child

JULY

Thursday 1st July,
11am-3pm

River Inver to Glencanisp, Assynt

A varied walk along riverside woodland via the old Clearance Village of Dubh Clais returning along the loch shore. We will be looking out for Black-throated divers.

Meet at the Assynt Visitor Centre, Lochinver.

No need to book. For more details phone 01571 844654

NC094 225

Grade B, Cost £5 Adult/£3 child

Tuesday 6th July,
11am-3pm

Where the meteorite crashed in Assynt

Join us as we visit Europe's largest ever meteorite strike. Learn about the ancient landscape it struck over one billion years ago. Amazing views and stunning wildlife.

Meet at Clachtoll Beach car park,

No need to book. For more details phone 01571 844654

NC040 273

Grade B/C, Cost £5 Adult/£3 child

Wed 7th July,
11am-3pm

The secrets of Glen Leireag, Assynt

Explore the lost township and discover the secrets of this magical woodland glen including freshwater pearl mussels, dippers and maybe golden eagles. Meet at Nedd bridge 3km east of Drumbeg.

No need to book. For more details phone 01571 844654

NC148 315

Grade B, Cost £5 Adult/£3 child

Thursday 8th July,
10am-5pm

Glas Bheinn, Assynt

A walk to the top of one of Assynt's less-visited mountains Glas Bheinn – the Green Mountain (776m), with some wonderful views. If the weather is not good we will do a shorter low level walk. Meet Inchnadamph car park.

No need to book. For more details phone 01571 844654

NC251 216

Grade D, Cost £5 Adult/£3 child

Tuesday 13th July,

3pm-4pm

Rockpools at Achmelvich, Assynt

There is more to rockpooling than a load of old crabs stuffed in a bucket. You just need to look at things a little differently. Meet at Achmelvich beach car park. NC058 248

No need to book. For more details phone 01571 84465

Cost £3 Adult/£2 child

Wed 14th July, 10am-5pm

Cul Mor, Assynt

Climb to the top of this magnificent mountain with super views and some rare and interesting plants. (849m). Meet at the small lay-by just north of Knockan Visitor centre. NC189 094

No need to book. For more details phone 01571 84465

Grade D, £5 Adult £3 child

Thursday 15th July, 11am-4pm

Clachtoll to Achmelvich Coastal walk, Assynt

Stunning cliff top walk passed the point of leaping dolphins. Not for the faint-hearted, this 7km path is rough in places. Meet Clachtoll beach car park. NC040 273

No need to book. For more details phone 01571 84465

Grade C, £5 Adult £3 child

Tuesday 20th July, 11am-3pm

River Kirkaig, Assynt

Superb riverside walk to the thundering waterfall (20m) with lovely views of Suilven, where dippers, and sandpipers rub shoulders with dunlin and greenshank.

Meet at the Falls of Kirkaig car park. NC085 194

No need to book. For more details phone 01571 84465

Grade C, £5 Adult £3 child

Wed 21st July, 11am-3pm

The Bone Caves, Assynt

A fascinating walk to the caves where bones of reindeer, humans and even polar bears were discovered.

Meet Bone Caves car park, 4km south of Inchnadamph. NC254 179

No need to book. For more details phone 01571 844654

Grade C, £3 Adult £2 child

Thursday 22nd July, 11am-2pm

Clachtoll Coastal walk, Assynt

Join us on this beautiful coastal walk through a crofting village past an Iron-age fort. Hear the story of skeletons, ancient saunas and the "murder hole". Meet Clachtoll beach car park. NC040 273

No need to book. For more details phone 01571 844654

Grade B, £3 Adult £2 child

Tuesday 27th July, 11am-1pm

Clachtoll Sand Sculpture Competition, Assynt

Fun for all the family. Bring bucket and spade and lots of ideas. Superb prizes.
Meet Clachtoll Beach car park. NC040 273
No need to book. For more details phone 01571 844654
£3 Adult £2 child

Wed 28th July, 11am-3pm

Achmelvich coastal walk, Assynt

Help us count butterflies along this delightful walk to the old mill at Altanabradhan along the cliff top, for national butterfly week.

Meet Achmelvich beach car park. NC058 248

No need to book. For more details phone 01571 844654

Grade C, £5 Adult £3 child

Thursday 29th July, 11am-1pm

The Gruffalo's Child, Lochinver, Assynt

The Gruffalo said that no gruffalo should ever set foot in the deep dark woods but does anyone listen....Follow the Gruffalo's Child and find out. Suitable for families with children 3 to 8 years olds. May get muddy.

Meet Culag Woods car park, 500m south of Lochinver Primary. NC093 213

No need to book. For more details phone 01571 844654

Grade A, £3 Adult £2 child

August

Tuesday 3rd August,
11am-2pm

Clachtoll Coastal walk, Assynt

Join us on this beautiful coastal walk through a crofting village past an Iron-age fort. Hear the story of skeletons, ancient saunas and the "murder hole". Meet Clachtoll beach car park. NC040 273

No need to book. For more details phone 01571 844654

Grade B, Cost £3 Adult/£2 child

Wed 4th August,
11am-2pm

Dragonflies up close, Lochinver, Assynt

Meet these colourful killing machines up close and find out about their underwater and airborne existence.

Meet at the Assynt Visitor Centre, Lochinver.

No need to book. For more details phone 01571 844654

NC094 225

Grade B, Cost £3 Adult/£2 child

Thursday 5th August,
11am-3pm

Drumbeg Peat Road, Assynt

Journey to the interior of Assynt rich in wildlife and history and dangerous stories. Meet at Drumbeg View Point car park.

No need to book. For more details phone 01571 844654

NC120 330

Grade C, Cost £5 Adult/£3 child

Tuesday 10th August,
2pm-3pm

Rockpools at Clachtoll, Assynt

There is more to rockpooling than a load of old crabs stuffed in a bucket. You just need to look at

things a little differently. Meet at Clachtoll beach car park.
No need to book. For more details phone 01571 84465
NC040 273
Cost £3 Adult/£2 child

Wed 11th August,
6pm-9pm

Whale and Dolphin watching at Stoer lighthouse

A slide show at Stoer hall followed by a visit to the cliffs to watch for passing cetaceans. This event is part of the National Whale and Dolphin Watching Week. If the weather is bad this event maybe re-scheduled.

Meet at Stoer Hall.

No need to book. For more details phone 01571 84465

NC041 297

Cost £3 Adult/£2 child

Thursday 12th August,
9am-6pm

Elphin to Lochinver, Assynt

Long distance walk (19km) through fabulous country on rough path. We will get post bus to start of the walk at Elphin. Meet at the Lochinver post Office.

No need to book. For more details phone 01571 844654

NC094 227

Grade D, Cost £5 Adult/£3 child

Tuesday 17th August,
11am-3pm

The Limestone valley of the Traligill, Assynt

A fascinating walk through ancient limestone scenery, past secret caves, dramatic waterfalls and dry river beds. Meet at Inchnadamph car park.

No need to book. For more details phone 01571 844654

NC251 216

Grade C, Cost £5 Adult/£3 child

Thursday 19th August,
11am-3pm

Achmelvich Coastal walk, Assynt

Delightful walk to the old meal mill at Altanabradhan along the cliff top, through croftland and machair.

Watch out for dolphins too. Meet Achmelvich beach car park.

No need to book. For more details phone 01571 844654

NC058 248

Grade B/C, Cost £5 Adult/£3 child

Tuesday 24th August,
7.30pm-9.30pm

Bat evening, Lochinver

Slide show at the Visitor Centre followed by a visit to the local pipistrelle roost to watch up to 100 bats leave their roost. Bring midge protection.

Meet at the Assynt Visitor Centre,

No need to book. For more details phone 01571 844654

NC094 225

Cost £3 Adult £2 child

Thursday 26th August,

11am-2pm

Otters at Culkein

We will start with a short slide show about otters followed by a walk at Culkein and along the cliff top to look for signs of these common animals around our shores. Meet at Stoer Hall, 7 miles north of Lochinver,

No need to book. For more details phone 01571 844654

NC041 297

Grade B, Cost £5 Adult/£3 child

Tuesday 31st August,

11am-2pm

Clachtoll Coastal walk, Assynt

Join us on this beautiful coastal walk through a crofting village past an Iron-age fort. Hear the story of skeletons, ancient saunas and the "murder hole". Meet Clachtoll beach car park.

No need to book. For more details phone 01571 844654

NC040 273

Grade B, Cost £3 Adult/£2 child

September

Thursday 2nd September,

11am-3pm

The Limestone valley of the Traligill, Assynt

A fascinating walk through ancient limestone scenery, past secret caves, dramatic waterfalls and dry river beds. Meet at Inchnadamph car park.

No need to book. For more details phone 01571 844654

NC251 216

Grade C, Cost £5 Adult/£3 child

Tuesday 7th September

11am-2pm

The Bone Caves, Assynt

A fascinating walk to the caves where bones of reindeer, humans and even polar bears were discovered.

Meet Bone Caves car park, 4km south of Inchnadamph.

No need to book. For more details phone 01571 844654

NC254 179

Grade C, Cost £3 Adult/£2 child

Thursday 9th September,

11am-3pm

Achmelvich Coastal walk, Assynt

Delightful walk to the old meal mill at Altanabradhan along the cliff top, through croftland and machair. Watch out for dolphins too. Meet Achmelvich beach car park.

No need to book. For more details phone 01571 844654

NC058 248

Grade B/C, Cost £5 Adult/£3 child

Tuesday 14th September

11am-3pm

Drumbeg Peat Road, Assynt

Journey to the interior of Assynt rich in wildlife and history and dangerous stories. Meet at Drumbeg View Point car park.

No need to book. For more details phone 01571 844654

NC120 330

Grade B, Cost £5 Adult/£3 child

Thursday 16th September,
11am-2pm

Fungi at Culag woods

Explore the marvellous world of fungi. Meet the different characters and learn their secrets in one of the best woods in Sutherland. Meet Culag Wood car park, 500m south of Lochinver Primary.

No need to book. For more details phone 01571 844654

NC093 213

Grade A, Cost £3 Adult/£2 child

Tuesday 21st September

11am-3pm

River Inver to Glencanisp, Assynt

A varied walk along riverside woodland via the old Clearance Village of Dubh Clais returning along the loch shore.

Meet at the Assynt Visitor Centre, Lochinver.

No need to book. For more details phone 01571 844654

NC094 225

Grade B, Cost £5 Adult/£3 child

Thursday 23rd September,

11am-3pm

Where the meteorite crashed in Assynt

Join us as we visit Europe's largest ever meteorite strike. Learn about the ancient landscape it struck over one billion years ago, that makes up part of the North West Highlands Geopark.

Amazing views and stunning wildlife.

Meet at Clachtoll Beach car park,

No need to book. For more details phone 01571 844654

NC040 273

Grade B/C, Cost £5 Adult/£3 child

Tuesday 28th September

11am-3pm

The secrets of Glen Leireag, Assynt

Explore the lost township and discover the secrets of this magical woodland glen including freshwater pearl mussels, dippers and maybe golden eagles. Meet at Nedd bridge 3km east of Drumbeg.

No need to book. For more details phone 01571 844654

NC148 315

Grade B, Cost £5 Adult/£3 child

Thursday 30th September,

11am-2pm

Bird Ringing demonstration at Clachtoll, Assynt

Learn about the ongoing research project for Twite with the Highland Ringing group..

Meet at Clachtoll Beach car park,

No need to book. For more details phone 01571 844654

NC040 273

Grade A, Cost £3 Adult/£2 child

All the walks are led by one of the Rangers. It is important though that you think of your own safety and that of any children for whom you are responsible. Remember too that these are country walks in the Highland weather so please dress accordingly. Bring sturdy shoes, or boots, a picnic and a sense of fun. *The Rangers reserve the right to cancel*

any of these events.

Walk Grades: A is easiest, D most challenging, including very rough ground and sometimes steep climbs.

Sorry these walks are not suitable for dogs.

Costs as per walk but concessions apply

For further information, contact: Highland Council Countryside Rangers, Assynt Visitor Centre, Lochinver IV27 4LX

Telephone: 01571 844654

Email: andy.summers@highland.gov.uk

Or visit the Assynt Tourism Group website www.assynt.info